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INFORMATION ON ORAL TERBINAFFINE (LAMISIL PILLS)

What is Terbinafine (Lamisil)?

- Terbinafine (Lamisil) is an anti-fungal medication
- It is known by generic names such as Lamisil

What is the dose of Terbinafine (Lamisil)?

- A variety of doses may be prescribed by Dr. Donovan
- For scalp seborrheic dermatitis, Dr. Donovan most often will prescribe 250 mg daily for 6 weeks.

How does one take Terbinafine (Lamisil)?

- The medication is taken once daily – either with food or without
- One should limit the use of alcohol while using terbinafine.

What are the more common side effects of Terbinafine (Lamisil)?

- Rash (5.6%), headaches (12.9%), diarrhea (5.6%), abdominal pain (2.4 %), nausea (2.6%), liver enzymes changes (3.3%), taste disturbance (2.8 %), itchy skin (2.8%),

Less common side effects of Terbinafine (Lamisil) include:

- Mood change, weight gain, loss of smell, body aches, nasal congestion, feeling anxious

Patients with any of the following rare side effects should seek medical advice promptly:

- Rash, shortness of breath, yellow skin (jaundice), clay colored stools, dark urine, loss of appetite, nausea, vomiting, abdominal pain, fever, dizziness, vision changes, mood changes, worsening fatigue (tiredness), bleeding and bruising.

INFORMATION ON ORAL TERBINAFINE (LAMISIL PILLS)

Are there any possible drug interactions with Terbinafine (Lamisil)?

- Please advise Dr. Donovan of every medication you take before starting terbinafine. He will need to have a full and complete list before determining if this medication is appropriate for you or not.
- There are many interactions, including (but not limited to): warfarin, amiodarone, cimetidine, rifampin, azole antifungals, SSRI's (some), tricyclic antidepressants and MAO inhibitors.

Who should not use Terbinafine (Lamisil)?

- Patients with allergies to Lamisil or Terbinafine in the past
- Patients with uncontrolled liver disease
- Patient with lupus
- Patients who are pregnant or breast feeding
- Patients with some type of immunosuppression.

Are there any blood tests needed while on terbinafine?

- Dr. Donovan will order a few blood tests before starting and then again after 4-6 weeks of treatment and then again 2-4 weeks after stopping the drug.
- These may include CBC, AST, ALT, Bilirubin, GGT.

