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## **Hormonal Changes in PCOS vs Late Onset CAH**

|                              | PCOS                          | LO-CAH  |
|------------------------------|-------------------------------|---|
| Day 3-5 LH/FSH ratio         | Sometimes elevated            | Sometimes elevated (but usually less than PCOS) |
| Day 3-5 17-OHP               | Slightly elevated             | > 200 ng/dL (6 nmol/L)<br>but can be normal     |
| 17 OHP with ACTH Stimulation | Slight elevation above normal | > 1500 ng/dL<br>(43 nmol/L)                     |
| Prolactin                    | Sometimes elevated            | Sometimes elevated                              |
| DHEAS                        | May be elevated               | May be elevated                                 |
| Testosterone                 | May be elevated               | May be elevated                                 |
| Androstenedione              | May be elevated               | May be elevated                                 |
| Aldosterone                  | Usually Normal                | Usually normal                                  |
| Serum ACTH                   | Normal                        | Generally normal                                |
| Serum Cortisol               | Normal or low-normal          | Lower or low-normal                             |
| Ultrasound                   | May be polycystic phenotype   | May be polycystic phenotype                     |