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FOLLOW UP VS STEROID INJECTION APPOINTMENTS

We have two types of follow up appointments at the clinic. Steroid injection appointments are short 5 minute appointments and are for patients who need steroid injections for alopecia areata or scarring alopecia. Injections are administered by our nurses or by Dr. Donovan (depending on the day). They are brief appointments designed to make things convenient for patients who needs these injections.

Follow up appointments are always with Dr. Donovan and are 20 minutes in length. A follow up appointment allows Dr Donovan to review the patient's current medications and treatment plan and to examine the scalp carefully. If there are any changes needed to a treatment plan, this will be done at the follow up appointment.

	Steroid injection	Follow up appointment
Typical length of the appointment ?	5 minutes	20 minutes
Which provider is present?	Nurse or Dr. Donovan	Dr. Donovan
Is there a review of current treatment?	No	Yes
Is a detailed examination of scalp done at the appointment?	No	Yes
Is there a modification or change to current treatment plan?	No	Yes
Are new prescriptions given or refilled at the appointment?	No	Yes

For patients with alopecia areata, a "follow-up" appointment rather than a "steroid injection" appointment will be required if ANY of the following are correct:

- a) more than 12 months have elapsed since seeing Dr. Donovan or
- b) the patient wishes to discuss issues with Dr. Donovan other than the steroid injections.

For patients with scarring alopecia, a follow-up" appointment rather than a "steroid injection" appointment will be the appropriate type of appointment for the patient if ANY of the following are correct:

- a) it has been more than 6 months since the last "follow up" appointment or
- b) the patient has already had two previous injection appointments, or
- c) if there are issues to be discussed with Dr. Donovan other than the steroid injections.

