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PSEUDOPELADE of BROCQ

What is pseudopelade?

- This is a type of scarring hair loss condition.
- The hair loss in the bald areas is permanent

Who gets pseudopelade?

 Both men and women can develop pseudopelade, although it is 3 times more common in women

How does Dr. Donovan arrive at the diagnosis of pseudopelade?

 Several features lead to this diagnosis, including areas of scarring hair loss, some redness around the hair follicles, depression of the skin, and findings on the biopsy showed very little inflammation, loss of the fat glands and scarring

How is pseudopelade treated?

- Pseudopelade is challenging to treat. Even with treatment, some cases to spread, albeit very slowly
- Pills may be used such as Doxycycline, Plaquenil, Isotretinoin (Accutane), Mycophenolate mofetil
- Injection of steroids may be advised
- Use of topical medicines you apply yourself at home may also be advised (Clobetasol, Protopic, Clobex)
- Sometimes, hair transplantation can be performed if the disease is quiet

How long will I be on these treatments?

- Your disease will be carefully monitored by Dr. Donovan. If the disease does not appear to be spreading, the doses of medications will be reduced and possibly stopped.
- However, if there is any evidence the disease is increasing, increased doses or even new medications may be prescribed